

To schedule your appointment —
or if you must cancel —
please call **610-988-8611**

**If you have any questions
about this procedure, please ask.**

Park in the 6th Avenue Garage, and use the main Hospital entrance. Take the Tower elevator down one floor to 1. Exit the elevator to your left, and make an immediate right. The Radiology Registration window will be on your right; the waiting room is just past the window.

DIRECTIONS

To The Reading Hospital

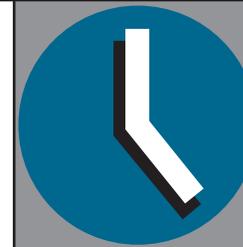
The Reading Hospital and Medical Center is located at Sixth Avenue and Spruce Street in West Reading. The main entrance — the one beneath our landmark tower — is C-Building.



**The Reading Hospital
and Medical Center**

PO Box 16052
Reading, PA 19612-6052

4-444110.04



*y*ou are scheduled for a
 CYSTOGRAM
 VOIDING CYSTOGRAM

date: _____ *time:* _____

history/diagnosis: _____

ICD9: _____

physician: _____

at: The Reading Hospital

***Please bring with you: your health
plan ID card; pre-approval or
referral forms; this brochure!***



**The Reading Hospital
and Medical Center**

our doctor has scheduled you for a special type of x-ray study — a cystogram or voiding cystogram. This brochure explains the procedure, so you will know what to expect on the day of your study.

ABOUT CYSTOGRAMS/ VOIDING CYSTOGRAMS

A cystogram is a special x-ray study that looks at your bladder. A voiding cystogram looks at your bladder and urethra. By filling the bladder with liquid contrast (a special water with iodine base), the doctor will be able to look at the structure and function of your bladder. **If you have ever had a reaction to iodine-based drugs, be sure to tell the technologist or your doctor prior to the study.**

A note to inpatients: If you are having this study done as an inpatient, your nurse will guide you through any preparations, and will arrange for your trip to and from the Radiology Department.

PREPARATION

There is no preparation needed for this study. You may eat and drink as normal before this study, and take your regular medicine.

PROCEDURE

When you arrive in the Radiology Department, a technologist will take you to a dressing room. You will be asked to change into the exam gown provided.

When you are ready, the technologist will show you to the x-ray room. After the technologist explains the procedure and answers your questions, you will be helped onto the table and positioned for a basic x-ray.

After the technologist checks this basic x-ray, a trained professional will insert the catheter, or tube, through the urethra. This is the small opening in your body where urine comes out.

Your bladder will then be filled with the liquid contrast through this catheter, while being watched under fluoroscopy (a special type of x-ray). Your bladder will feel full. Several x-rays of your bladder will be taken.

If you are having a **cystogram** and the catheter was inserted in the Radiology Department, the catheter will be removed, and you will be asked to void in the restroom. If you arrived with a catheter in place, your bladder will be emptied through the catheter.

The technologist then takes a post-void x-ray.

If you are having a **voiding cystogram**, the catheter is removed, and you are asked to empty your bladder on the table while x-rays are taken. While we know you may find this embarrassing, it is needed so the radiologist (a doctor who is an expert in reading x-rays) will be able to read the test.

FOLLOW-UP

The results of your study will be reviewed by a radiologist, who then reports the results to your doctor. Your doctor will discuss the results of the study with you at your next appointment.

