



You are scheduled for
BREAST LOCALIZATION

date: _____ *time:* _____

*at: The Reading Hospital SurgiCenter
 (Main West Reading campus)*

***Please bring this brochure
 to your appointment!***

DIRECTIONS

To The Reading Hospital

The Reading Hospital and Medical Center is located at Sixth Avenue and Spruce Street in West Reading.

The lower level of the 6th Avenue Garage, near the main Hospital entrance, is reserved for SurgiCenter patients. Please use the curved entrance off Spruce Street; this roadway is marked with a SurgiCenter sign. Display the parking tag given to you.

If you misplace or forget this tag, please advise our uniformed attendant.

This attendant will direct you to the SurgiCenter entrance to D-Building. Take the elevator to the 4th floor.

When you exit the elevator, the Reception Desk will be to your right. Please register there as soon as you arrive.



**The Reading Hospital
 and Medical Center**

PO Box 16052
 Reading, PA 19612-6052



**The Reading Hospital
 and Medical Center**

Your surgeon has scheduled you for a special diagnostic procedure — known as a breast localization — before your surgical biopsy. This brochure will explain the localization procedure.

ABOUT BREAST LOCALIZATION

A breast localization may also be referred to as a needle marking or needle localization. It is performed prior to a surgical biopsy of your breast. This localization procedure will identify the area to be biopsied by your surgeon.

REGISTRATION

Upon your arrival at the Hospital, please report to the SurgiCenter, located on the top floor of D-Building. After registration, you will be escorted to a preparation area, and then transported to The Women's Center where your breast localization procedure will be performed.

A note to inpatients: If you're having this procedure done while you are hospitalized, your nurse will guide you through all preparations, and will arrange for your transportation to and from The Women's Center.

PREPARATION

Your physician will tell you what steps you should follow before the localization procedure. Please pay special attention to any instructions regarding medications.

If dietary restrictions are required, take "nothing by mouth" for the time specified. This means no food, water or juices, chewing gum, medication, etc., until the procedure is over.

PROCEDURE

You will be transported to The Women's Center (Suite 125 Doctors Office Building), where the breast localization will be performed. When in the mammography room, the Radiologist may first request that an x-ray be taken.

The Radiologist will then insert a needle into the area of your breast to be biopsied. You may experience minor discomfort as the needle is inserted. However, the discomfort should be short in duration.

A mammogram will then be performed to assure that the needle is directed to the area of concern. Sometimes, the needle must be repositioned. In such cases, additional x-rays may be required.

Once the needle is in the correct position, a blue dye will be injected. This dye highlights the area of concern for the surgeon.

Your surgeon may have requested that a thin wire be inserted to help locate the problem area during surgery. This will be inserted through the needle already in place.

After the dye is injected, the needle will be removed from your breast. If used, the wire will remain in place until the time of surgery. A dressing will be placed over the area, and will be removed in the operating room.

If you are uncomfortable at any time, or have a question, please tell the technologist or Radiologist. Your health and comfort are our first concerns.

FOLLOW-UP

Upon completion of your breast localization, you will be transported back to the SurgiCenter. There, the nurses will prepare you for your surgery.

