

FOLLOW-UP

The images processed after your procedure will be reviewed by a radiologist, who will then report the results to your doctor. Your doctor will discuss the results with you at your next appointment.



To schedule your appointment—or if you must cancel—please call

610-988-8401

If you have any questions about the Bone Density Study, please ask.



**The Reading Hospital
and Medical Center**

PO Box 16052
Reading, PA 19612-6052

Located at: Sixth Avenue and Spruce Street
West Reading, Pennsylvania



*y*ou are scheduled for a

BONE DENSITY STUDY
*at West Reading Radiology Associates
Suite 135, Doctors Office Building*

date: _____ *time:* _____

history/diagnosis:

ICD9 code:

authorization number:

physician:

***Please bring this brochure,
physician order, and insurance
authorization (if required) to
your appointment!***



**The Reading Hospital
and Medical Center**

Your physician has scheduled you for a special type of diagnostic study—a bone density study. This brochure explains the procedures, so you will know what to expect on the day of your examination.

PREPARATION

You should not have had any nuclear medicine scan, or an x-ray study using contrast material (such as a CT scan), for 7 days prior to the bone density study.

If you are unable to walk or lie flat with a pillow, please contact the Nuclear Medicine Department at 610-988-8401.

Also, if you have had any previous surgery to install metal clips, plates, or hip replacements, please advise the

technician when you arrive. Other than that, there are no other restrictions for you to follow.

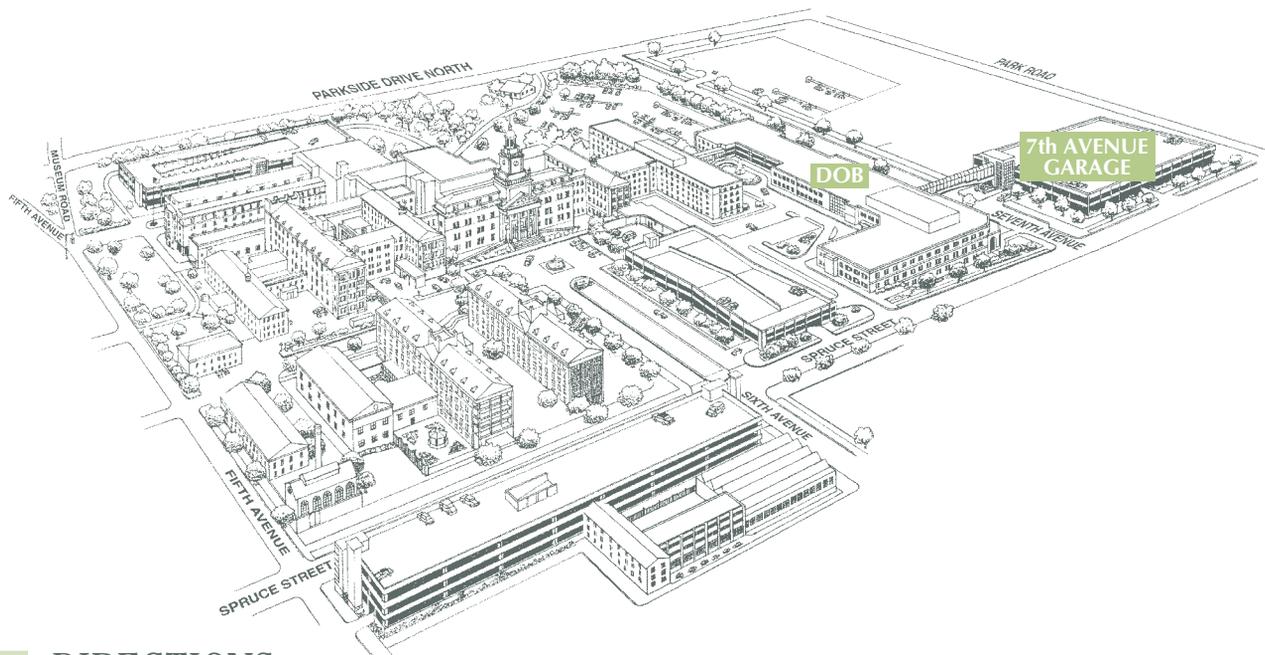
PROCEDURE

When you arrive, you may be asked to change into an examination gown. **This will occur only if you are wearing clothing that has metal clips or zippers.**

When you are ready, the technician will show you to the examination room, and help you onto the table. You will be positioned on your back as images of your lumbar spine and hip are recorded.

You will be required to lie flat for each scan, which lasts about two minutes each.

Please allow 20 minutes for your bone density study.



DIRECTIONS

West Reading Radiology Associates, Suite 135, Doctors Office Building

West Reading Radiology Associates is located in the Doctors Office Building at 301 South Seventh Avenue in West Reading. Park in the 7th Avenue Garage.