

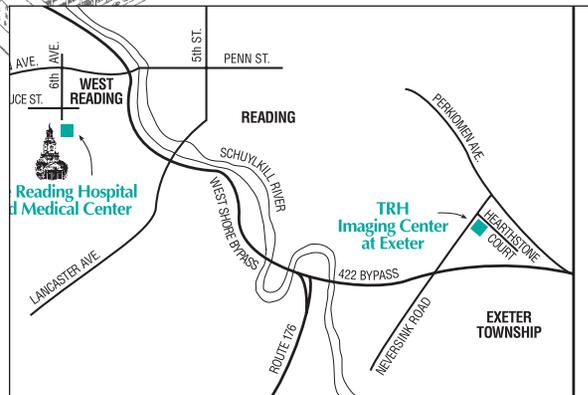
To schedule your appointment
— or if you must cancel —
please call **610-988-8611**
**If you have any questions about
barium enemas, please ask.**

DIRECTIONS

To The Reading Hospital

The Reading Hospital and Medical Center is located at Sixth Avenue and Spruce Street in West Reading. The main entrance — the one beneath our landmark tower — is C-Building.

Park in the 6th Avenue Garage, and use the main Hospital entrance. Take the Tower Elevator down one floor to 1. The registration desk for the Radiology Department will be directly in front of you as you exit the elevator.



To Exeter Imaging Center 2 Hearthstone Court, Exeter Township

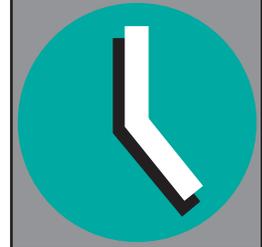
Take Route 422 East to the Mt. Penn exit. Turn left off the exit onto Neversink Road; take the first right onto Hearthstone Court. The Center will be on your right.

Or, take Perkiomen Avenue to Neversink Road. Turn left at Hearthstone Court. The Center will be on your right.



**The Reading Hospital
and Medical Center**

PO Box 16052
Reading, PA 19612-6052



You are scheduled for a
BARIUM ENEMA

date: _____ *time:* _____

history/diagnosis: _____

ICD9 _____

at *The Reading Hospital*
 TRH Imaging Center at Exeter

***Please bring this brochure
to your appointment!***



**The Reading Hospital
and Medical Center**

Your physician has scheduled you for a special type of x-ray — a barium enema.

This brochure explains the procedure, so you will know what to expect on the day of your examination.

ABOUT BARIUM ENEMAS

The barium enema is a diagnostic study of the large intestine. By using barium as a highlighter, your physician can study the condition and functioning of your large intestine.

A note to inpatients: If you're having this procedure done on an inpatient basis, your nurse will guide you through all preparations, and will arrange for your transportation to and from the Radiology Department.

PREPARATION

A few days before your examination, you should purchase a Fleet's Barium Enema Prep Kit #1, which can be found at any local pharmacy. Follow the instructions for the 24-hour preparation.

Please note that any barium remaining in your system after the examination may lead to constipation. You may want to contact your personal physician to have a laxative recommended.

Please pay close attention to the dietary restrictions prescribed by your physician.

Allow approximately 45 to 60 minutes for your examination.

PROCEDURE

When you arrive for your appointment, a technologist will show you to a changing room. You will be asked to change into the exam gown provided.

When you're ready, the technologist will escort you to the x-ray room and will help you onto the examination table. You will then be positioned so that an enema tube can be inserted into your rectum.

Once the tube is in place, the technologist will administer barium into your large intestine via the enema tube. Throughout this process, the radiologist will take several x-rays.

When the large intestine is completely filled with the barium, another series of x-rays will be taken.

Throughout the study, the technologist will ask you to assume various positions so that your large intestine can be x-rayed from all sides. Before the final x-ray, the technologist will help you to a nearby bathroom so that you can expel as much of the barium as possible.

If your physician or radiologist feels an air contrast study is necessary, air will be administered with the barium via the enema tube. From this point, your examination will follow the same steps as the regular barium enema examination.

If you have questions at any point during your examination, please ask.

To avoid constipation after the procedure is over, drink plenty of fluids. However, do not do this if you are on a fluid restriction diet.

FOLLOW-UP

The radiologist will study your x-rays and relay the results to your physician. Your physician will discuss the results of your examination with you at your next appointment.

