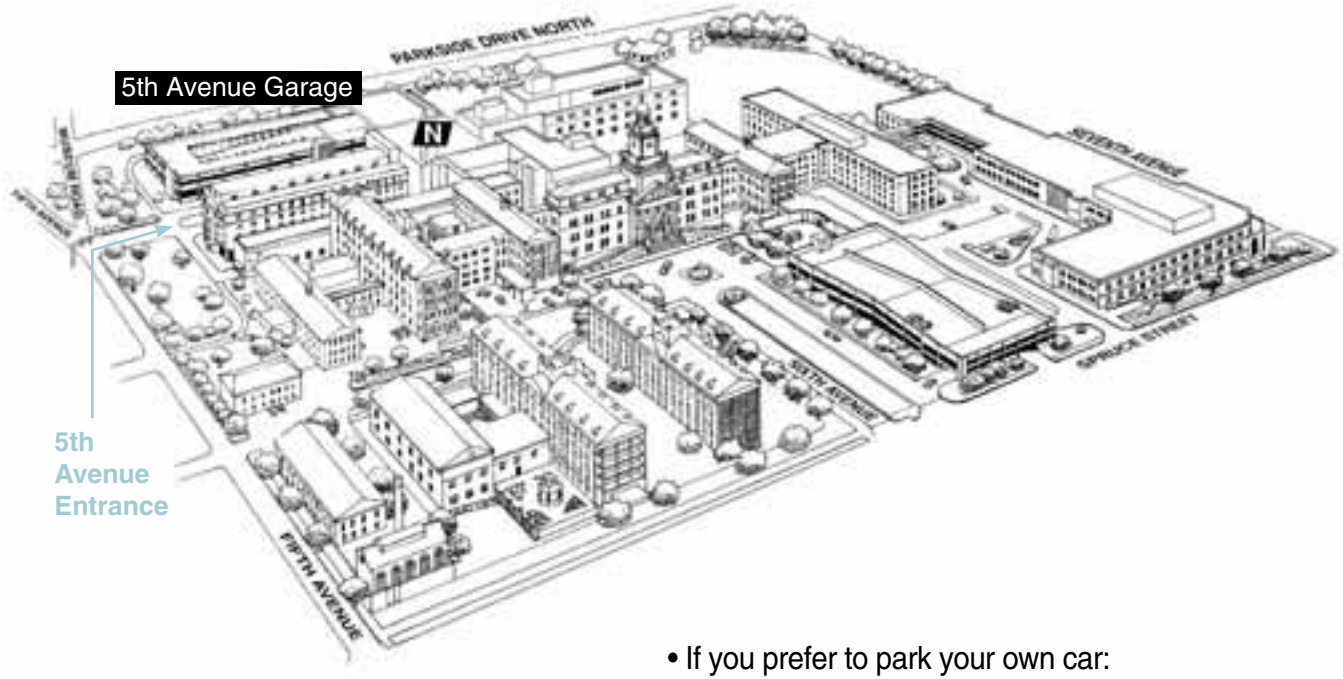


Directions

The Reading Hospital Regional Heart Center is located on the first floor of N-Building at our West Reading campus. You access N-Building from 5th Avenue at the traffic light; this driveway is marked with a large green sign that indicates parking for the 5th Avenue Garage, as well as the entrances for N-Building and R-Building.

Parking & Entrance

- You will be given a Regional Heart Center parking tag in advance of your appointment. Please hang this tag from your rearview mirror.
- Use the 5th Avenue entrance to our West Reading campus.
- For FREE valet parking, patient drop-off, or assistance, follow the driveway straight back and beneath the building to the valet station. The station will be marked in blue; our valets wear blue shirts.
- If you prefer to park your own car:
  - make the 1st left turn into the 5th Avenue Garage.
  - proceed up one level.
  - use reserved parking spaces marked with red Regional Heart Center symbols that match the symbol on your parking tag.
  - enter through the double glass doors on the left to the Regional Heart Center.
  - follow the hallway straight ahead and turn right at the brick wall.
  - take the next left turn into the registration area for the Regional Heart Center.

The Reading Hospital
Regional Heart Center
PO Box 16052
Reading, PA 19612-6052

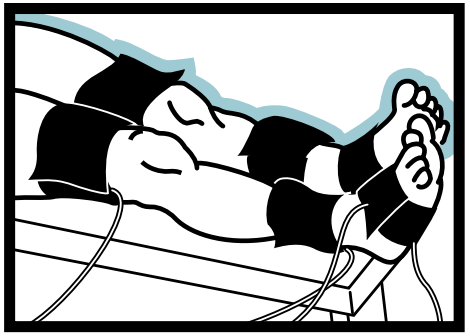
Located at: Sixth Avenue and Spruce Street,
West Reading, Pennsylvania

Visit our website
www.readinghospital.org

4-1008 Revised 2.06

You are
scheduled for a

Pulse Volume Recording



date: _____

time: _____

report to: Regional Heart Center
N-Building, 1st Floor

The Reading Hospital
Regional Heart Center

Your physician has scheduled you for a special diagnostic test called a pulse volume recording. This brochure explains the procedure so you know what to expect.

ABOUT PULSE VOLUME RECORDINGS

A pulse volume recording helps your physician determine if something is impeding the flow of blood from your heart to a particular part of your body. This test is noninvasive, which means that it is painless and is performed outside the body. It does not require the use of needles, catheters, or dyes. Also, there are no x-rays involved.

PREPARATION

There are no special preparations before this procedure. You may eat and drink as usual, and follow your normal routine.

Since you will recline on the examination table during the pulse volume recording, we suggest that you dress comfortably.

Please allow one hour for the entire procedure. If you are having an ice immersion study, please allow two hours for the procedure.

REGISTRATION

When you arrive at the Regional Heart Center, please check in at the registration desk to verify personal and health benefits data.

A note to inpatients: while you are hospitalized, your nurse will guide you through all preparations, and will arrange for your transportation to and from the Regional Heart Center.

PROCEDURE

After you are registered, you will be escorted to the examination room, where the technologist will obtain a medical history regarding allergies, medical problems, etc. The technologist will then explain the procedure, and help you settle comfortably on the examination table.

The test itself consists of a series of blood pressure recordings of your arteries. The blood pressure is taken at several points on your body as requested by your physician.

For example, if your physician wants to check the circulation in your legs, the technologist will record blood pressure at five points on your legs: thighs, calves, ankles, feet, and toes.

If you have any questions about what is happening during the test, please ask the technologist.

FOLLOW-UP

Your personal physician will discuss the results with you at your next appointment.

If you have any questions, or need to cancel your appointment, please call 610-988-8052.